

NE LINCOLNSHIRE JSNA INDICATOR SUMMARY

TITLE:	SELF-REPORTED WELL-BEING
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SUBTITLE:	<p>2.23i The percentage of respondents scoring 0-4 to the question “Overall, how satisfied are you with your life nowadays?”</p> <p>2.23ii The percentage of respondents scoring 0-4 to the question “Overall, to what extent do you feel the things you do in your life are worthwhile?”</p> <p>2.23iii The percentage of respondents who answered 0-4 to the question “Overall, how happy did you feel yesterday?”</p> <p>2.23iv The percentage of respondents scoring 6-10 to the question “Overall, how anxious did you feel yesterday?”</p>
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Domain:	Health Improvement
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Frequency of Availability:	Annually
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Time Period Of Data Analysis:	2013/14
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AVAILABLE COMPARISONS

TYPE	AVAILABLE
National, Regional or Peer Group	Yes
Electoral Ward / NELCCG Practice	No
Neighbourhood	No
Socioeconomic Differences	No
Targets, Trends & Projections	No

KEY POINTS

- VE** Overall happiness and emotional well-being scores indicate that North East Lincolnshire has worse mental wellbeing than the national and regional averages.
- VE** North East Lincolnshire has a higher proportion of respondents with a low satisfaction score compared to the regional and national rates.
- VE** North East Lincolnshire has the second highest proportion of people with a low worthwhile score in the Yorkshire and Humber region.
- VE** North East Lincolnshire ranks 3rd highest (worst) in the Yorkshire and Humber for the proportion of people with a low happiness score.
- +VE** North East Lincolnshire ranked 4th lowest in the Yorkshire and Humber region for the proportion of people with a high anxiety score.

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DESCRIPTION

Well-being is a key issue for the Government and ONS are leading a programme of work to develop new measures of national well-being. People with higher well-being have lower rates of illness, recover more quickly and for longer, and generally have better physical and mental health.

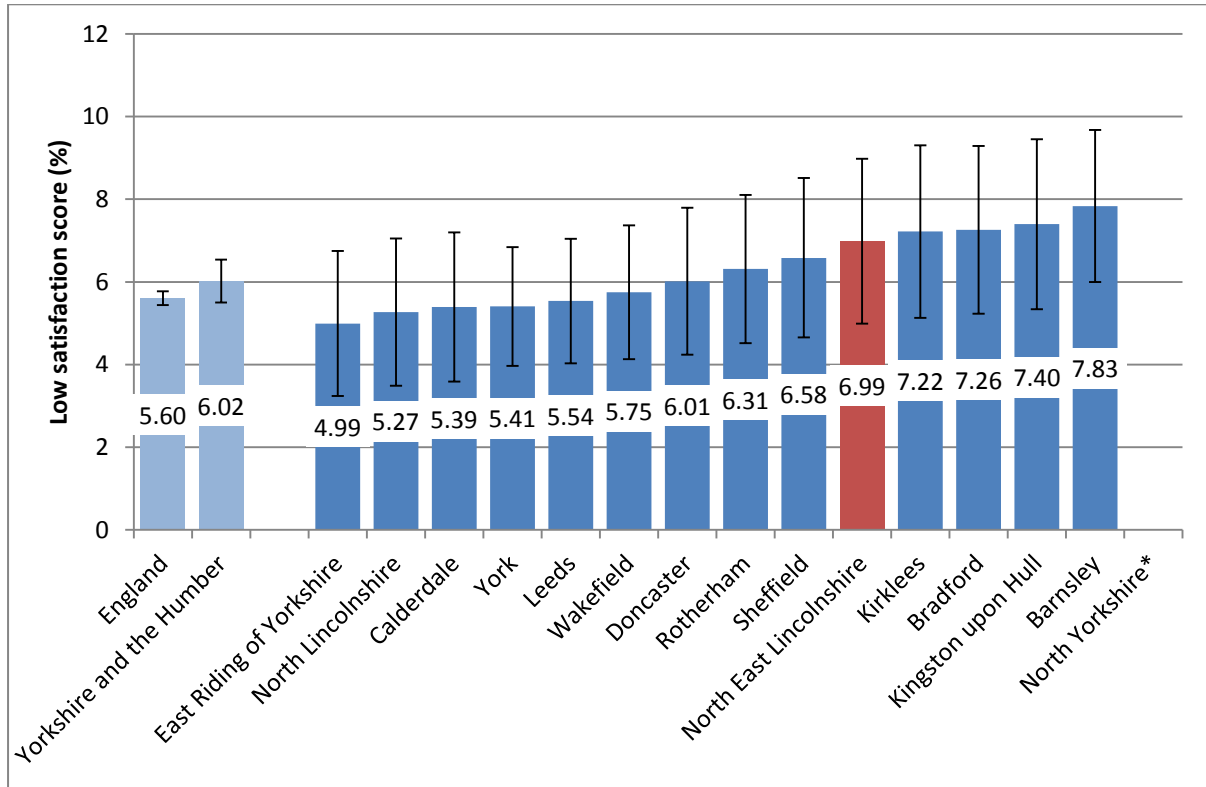
The Annual Population Survey (APS) asks adults (aged 16+) four questions relating to well-being, the responses have been analysed by the ONS.

NATIONAL & REGIONAL

2.23i The percentage of respondents scoring 0-4 to the question “Overall, how satisfied are you with your life nowadays?”

North East Lincolnshire has a higher proportion of respondents with a low satisfaction score compared to the regional and national rates (indicated more people in North East Lincolnshire are unsatisfied than regional and national averages), however there is no statistical significance.

Figure 1 Percentage of respondents to the APS with a low score (0-4) to the question ‘overall, how satisfied are you with your life nowadays?’



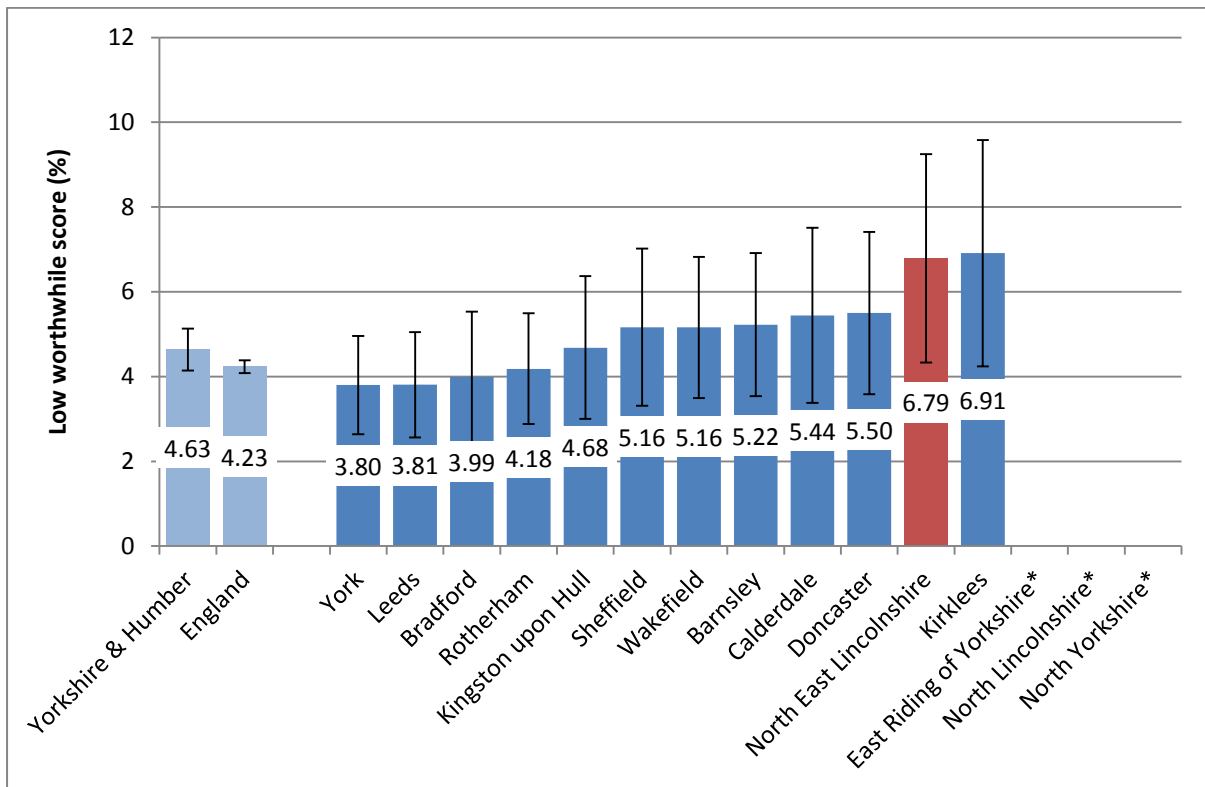
*Data suppressed due to small numbers
Source: Public Health England

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2.23ii The percentage of respondents scoring 0-4 to the question “Overall, to what extent do you feel the things you do in your life are worthwhile?”

North East Lincolnshire has the second highest proportion of people with a low worthwhile score in the Yorkshire and Humber region. This means that more people in North East Lincolnshire feel their life isn’t worthwhile than average.

Figure 2 Percentage of respondents to the APS with a low score (0-4) to the question ‘overall, to what extent do you feel your life is worthwhile?’



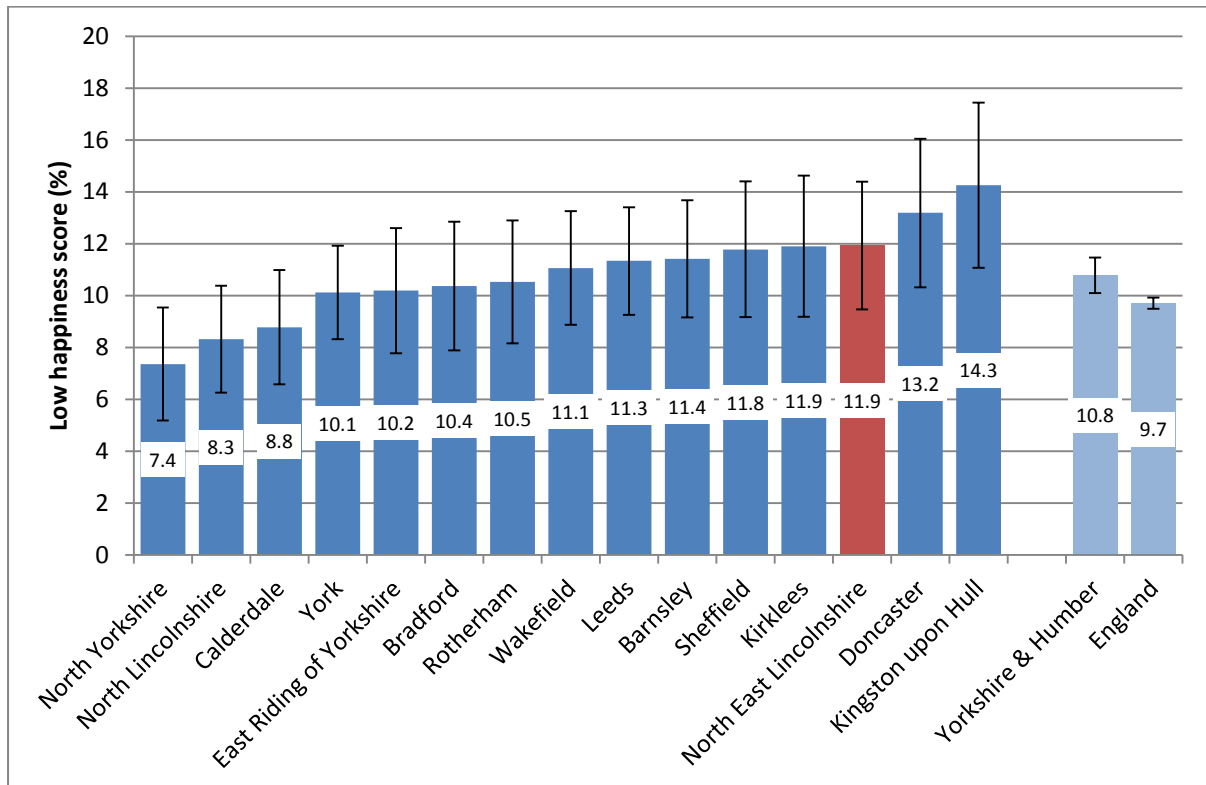
*Data suppressed due to small numbers
Source: Public Health England

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2.23iii The percentage of respondents who answered 0-4 to the question “Overall, how happy did you feel yesterday?”

North East Lincolnshire ranks 3rd highest (worst) in the Yorkshire and Humber for the proportion of people with a low happiness score, see Figure 3. The North East Lincolnshire proportion of 11.9% is higher than the Yorkshire and Humber average of 10.8% and the England average of 9.7%, however there are no statistical differences.

Figure 3 Percentage of respondents to the APS with a low score (0-4) to the question ‘overall, how happy did you feel yesterday?’



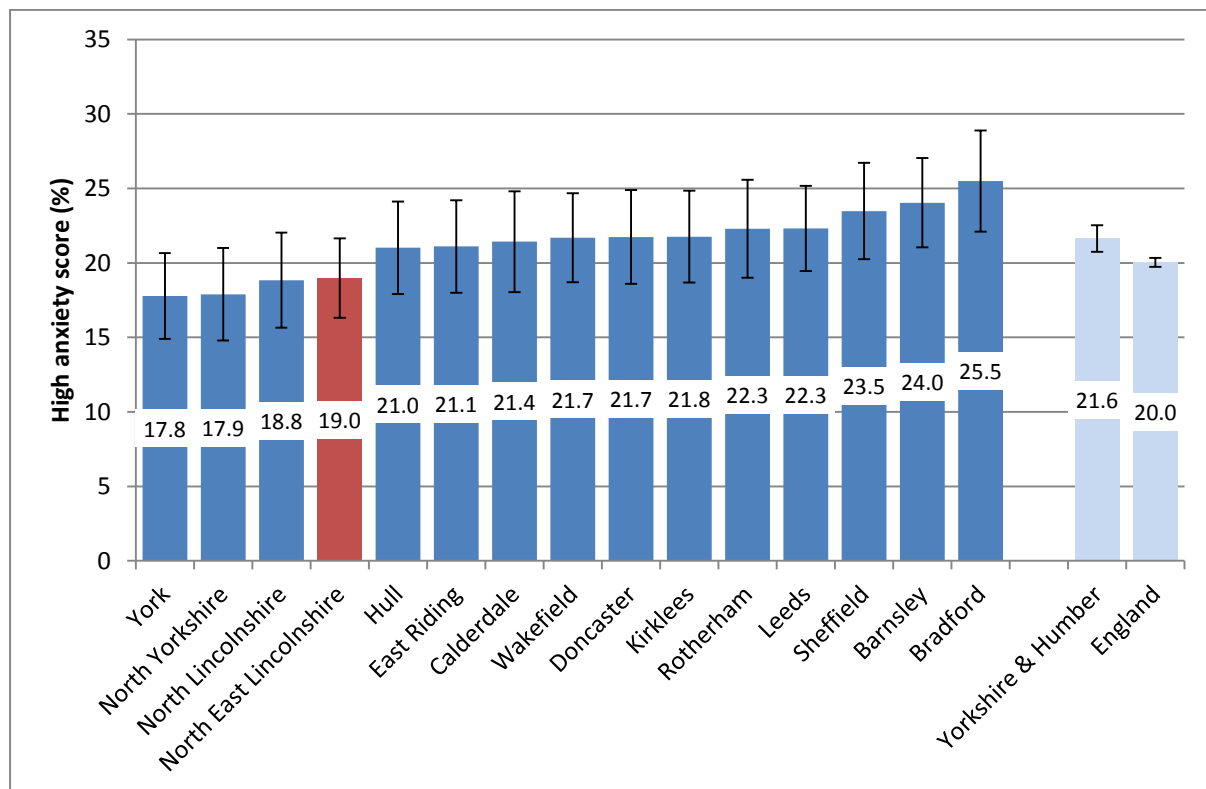
*Data suppressed due to small numbers
Source: Public Health England

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2.23iv The percentage of respondents scoring 6-10 to the question “Overall, how anxious did you feel yesterday?”

North East Lincolnshire ranked 4th lowest in the Yorkshire and Humber region for the proportion of people with a high anxiety score (the higher the score between 0 and 10 the more anxious). 19.0% of North East Lincolnshire respondents had a high anxiety score, this was slightly lower than the England average of 20.0% and the Yorkshire and Humber average of 21.6%, however there was no statistical significance.

Figure 4 Percentage of respondents to the APS scoring 6-10 to the question ‘overall, how anxious did you feel yesterday?’



*Data suppressed due to small numbers
Source: Public Health England

Public Data Sources:	http://www.ons.gov.uk/ons/rel/wellbeing/measuring-national-well-being/personal-well-being-in-the-uk--2013-14/ft-table-1.xls http://fingertips.phe.org.uk/
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